



PlumRus
Community Service Centre

Struggling to keep up?
Is driving and everyday life
becoming more and more
difficult?

Then look no further!
PlumRus CSC
has what you need...



When
the going gets tough
PlumRus
gets you going

A Service Of



Day Care

06:30 - 18:30
Daily

Sugarbush Day Care

For Clients in wheelchairs or with mobility difficulties

Pin Cushion Day Care

For Clients with Dementia - Building under construction

Clients are treated as any permanent resident, with love

All Day Basic care routine - All day

Nappies or Pads

Clinic Service – once a month

Meals and tea/coffee- All day

Medication Administration– according to House Rules

Afternoon Resting

Hair Care

Nail Care

Companionship & Activities

From R400 per day

Contact Us

Lauren Jones

021 761 2323

lauren@plumrus.co.za

www.plumruscsc.co.za

Terms & Conditions Apply

Sunrise

6 Hours

early morning to early afternoon

Assistance with Morning Basic Care Routine
Oral Hygiene
Commode
Nappy or Pads Changes
Dressing of Client
Hair Care
Nail Care
Making of Bed
Matrass Turning
Light Housekeeping
Meals
Medication guidance and reminders
Companionship & Activities

Added Value:

1 x shopping trip including assistance by carer per month
1 x Doctor's appointment trip including assistance per month

From R380 per shift

Comfort

10 Hours

08:00 to 17:00 for the working person

Assistance with All Day Basic Care Routine
Oral Hygiene
Commode
Nappy or Pads Changes
Dressing of Client
Hair Care
Nail Care
Making of Bed
Matrass Turning
Light Housekeeping
Meals
Medication guidance and reminders
Companionship & Activities

Added Value:

2 x shopping trip including assistance by carer per month
1 x Per week Domestic Cleaner for 8 hours

From R560 per shift

Sweet Dreams

12 Hours

18:30 to 06:30 during the night

Assistance with All Night Basic Care Routine
Oral Hygiene
Commode & Nappy or Pads Changes
Dressing of Client
Hair Care & Nail Care
Bathroom Routine
Matrass Turning
Pressure Care
Light Housekeeping
Meals & Night Snack
Medication guidance and reminders
Night Checks
Companionship & Activities

Added Value:

Reassurance that you can sleep soundly while your loved one is in caring and capable hands

From R535 per shift

Sunset

6 Hours

afternoon to early evening

Assistance with Basic Care Routine
Oral Hygiene
Commode
Nappy or Pads Changes
Dressing of Client
Hair Care
Nail Care
Making of Bed
Matrass Turning
Light Housekeeping
Meals
Medication guidance and reminders
Companionship & Activities

Added Value:

1 x shopping trip including assistance by carer per month
1 x Meal supplied by PlumRus every Tuesday (Menu supplied)

From R380 per shift

Comfort Plus

12 Hours

06:30 to 18:00 during the day

Assistance with All Day Basic Care Routine
Oral Hygiene
Commode
Nappy or Pads Changes
Dressing of Client
Hair Care
Nail Care
Making of Bed
Matrass Turning
Light Housekeeping
Meals
Medication guidance and reminders
Companionship & Activities

Added Value:

2 x shopping trip including assistance by carer per month
1 x Per week Domestic Cleaner for 8 hours

From R580 per shift

Elite

24 Hours for a 24 hour sense of security

Assistance Day & Night Basic Care Routine
Oral Hygiene & Commode & Nappy or Pads Changes
Dressing of Client & Hair Care & Nail Care & Night Checks
Making of Bed & Matrass Turning
Bathroom Routine & Pressure Care
Medication guidance and reminders & Light Housekeeping
Companionship & Activities & Meals & Night Snack

Added Value:

1 x Gardener per week at your home
1 x Domestic Cleaner per week at your home
1 x Laundry Service per week at PlumRus
2 x Shopping Trip + carer assistance per month
1 x Protea Coffee Shop visit (incl transport) per month
1 x R50 Protea Coffee Shop Voucher
1 x Trip to Doctor + carer assistance
3 x Meals delivered to you
1 x Visit to Hairdresser at PlumRus per month (R75 voucher)

From R1130 per shift